WHAT IS CLAIMED IS:

1. A wet wiper comprising: a sheet including absorbent fibers; and a liquid impregnated into the sheet, the impregnated liquid containing at least one plant extract, wherein

alcohol ingredient used for extracting the plant extract consists only of polyhydric alcohol.

2. A wet wiper as set forth in claim 1, wherein the plant extract has a moisture retaining effect.

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- 3. A wet wiper as set forth in claim 1, wherein the plant extract has an anti-inflammatory effect.
- 4. A wet wiper as set forth in claim 1, wherein the plant
 15 extract has an inactivating effect for enzymes in feces.
 - 5. A wet wiper as set forth in claim 3, wherein the plant extract is at least one selected from the group consisting of an extract of loquat leaves, an extract of peach leaves, a melilot extract, a chamomile extract, and an aloe extract.
 - 6. A wet wiper as set forth in claim 4, wherein the plant extract is at least one selected from the group consisting of an extract of phellodendron barks, a hibiscus extract, and a hinokitiol.
 - 7. A wet wiper as set forth in claim 1, wherein the

impregnated liquid contains only polyhydric alcohol as alcoholic ingredient.

- 8. A wet wiper as set forth in claim 1, wherein the polyhydric
 5 alcohol used for extracting the plant extract is at least one
 selected from the group consisting of 1,3-butylene glycol,
 propylene glycol, and glycerin.
- 9. A wet wiper as set forth in claim 1, wherein the impregnated liquid contains from 0.1% to 10% by weight liquid extract formed by extraction of the plant extract.
 - 10. A wet wiper as set forth in claim 1, wherein the absorbent fibers comprise at least one of rayon and cotton.

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- 11. A wet wiper as set forth in claim 1, wherein the sheet has a basis weight within a range of $40g/m^2$ to $70g/m^2$.
- 12. A wet wiper as set forth in claim 1, wherein the sheet
 20 is rectangular in the shape and has a shorter side of 250 mm
 or more and an area of 1000 cm² or more.
 - 13. A wet wiper as set forth in claim 1, wherein the wiper is for nursing and/or care use.

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14. A wet wiper as set forth in claim 1, wherein the sheet comprises a nonwoven fabric.